

Rayat Shikshan Santha's

**Rajarshi Chhatrapati Shahu College,
Kolhapur**

Name of the Course

Positive thinking and emotional Intelligence

Course established year

2023-2024

Course Coordinator's Name and Number

Dr. Vivek Kotekar

Mob.No.:-9921111665

Duration:- 30 Hrs.

Monday, Tuesday, Wednesday

Rayat Shikshan Sanstha's
Rajarshi Chhatrapati Shahu College, Kolhapur

Positive Thinking and Emotional Intelligence

(Value Added Course)

Year 2023-24

-: NOTICE :-

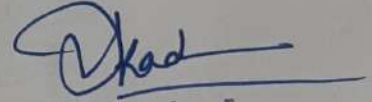
Date:29/01/2024

All the students of B.A., B.COM, BCS, and B.SC are hereby informed that the value Added Course on **Positive Thinking and Emotional Intelligence** starts from 01/02/2024 to 10/03/2024. Interested Students should contact Dr.Vivek Kotekar at the earliest.



Dr. Vivek Kotekar

(Course coordinator)



Principal,
Rajarshi Chh. Shahu College
Kolhapur.

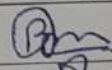
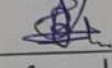
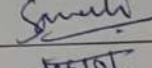
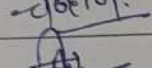
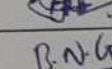
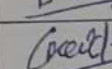
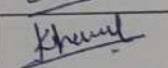
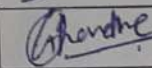
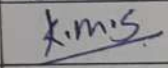
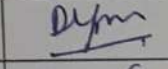
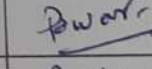
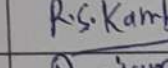
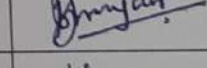
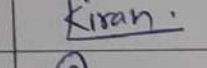
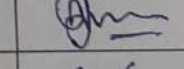
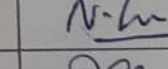
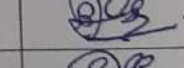
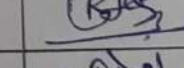
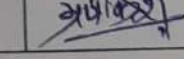

**Rajarshi Chhatrapati Shahu College,
Kolhapur**

Name of the Course

Positive thinking and emotional Intelligence

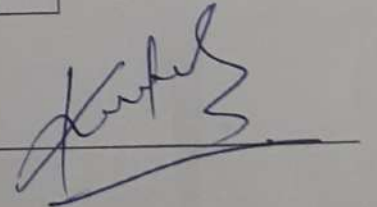
2023-2024

Student's Enrollment

Sr.No.	Name of the Student's	Sign
01	Bepari Khadija Iqbal	
02	Bhanadare Rajnandini Shahuraj	
03	Bhosale Sonali Baban	
04	Chavan Namdev Rajkumar	
05	Gavade Ajay Suresh	
06	Gode Bhumika Nilkanth	
07	Gode Om Nilkanth	
08	Howal Krupamai Gautam	
09	Londe Gourav Santosh	
10	Kambale Manojit Shahaji	
11	Dudhgavkar Yash Mukund	
12	Powar Indrajeet Tanaji	
13	Kambale Rupali Sanjay	
14	Mujawar Karishma Jafar	
15	Kolapate Kiran Baraku	
16	Patil Senha Surendra	
17	Kembale Priti Shrimant	
18	Katrat Nikhil Gangaram	
19	Sonavane Roshan Tuakaram	
20	Kambale Rushikesh Krishnat	

Course Coordinator: - **Dr. Vivek Kotekar**

Sign.:-



Rayat Shikshan Santha's

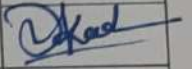
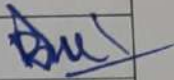

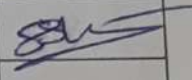
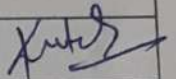
Rajarshi Chhatrapati Shahu College, Kolhapur

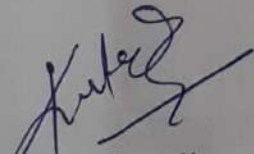
Positive thinking and emotional Intelligence


(Value Added Course)

Board of Studies

Year: 2023-2024

No.	Name	Designation	Designation in BoS	Sign
1	Prof. Dr.L.D. Kadam	Principal	(Chairperson)	
2	Prof. Dr. S.J. Awale	Vice Principal (Arts)	(Member)	
3	Mr. P.S. Chougule	Vice Principal (Science)	(Member)	
4	Prof. Dr.S. D. Shaikh	IQAC Coordinator	(Member)	
5	Prof. Dr.S.S. Lavekar	Chairman Criterion-I	(Member)	
6	Prof. Dr. B.A. Naik	Head Dept.of Psychology (Mahaveer Mahavidyalya, Kolhapur)	(Member)	
7	Dr. Vivek Kotekar	Member Coordinator	(Member)	


Course Coordinator


Principal.
Principal,
Rajarshi Chh. Shahu College
Kolhapur



Rayat Shikshan Santha's

**Rajarshi Chhatrapati Shahu College,
Kolhapur**

Eligibility:- B.A.I Year
Intake Capacity:- 20 Students

Objectives

- 1) To Encourage A Positive Attitude in Students.
- 2) To Develop Internal Confidence.
- 3) To Develop an Awareness about Goal Setting.
- 4) To Develop Confidence to Face Challenging Situation.
- 5) To Create Awareness about Excessive Mobile Use

Learning Outcomes

- 1) Importance of Positive Thinking
- 2) Awareness of Goal Setting
- 3) Using Sensitivity to another Person's Feeling
- 4) Increase Self Confidence, Self Worth
- 5) Confidence to Face Challenging Situation in Life
- 6) Awareness about Excessive Mobile Use

Rayat Shikshan Santha's

Rajarshi Chhatrapati Shahu College, Kolhapur

Time Tabel

01 February to 13 March 2024

Time:- 11.00 p.m. to 12.00 p.m.

Examination Pattern (Total – 50 Marks)

- 1. Written Test (MCQ Type) -30 Marks**
- 2. Oral Test -20 Marks**

रयत शिक्षण संस्थेचे
राजर्षी छत्रपती शाहू कॉलेज, कोल्हापूर
सत्र - दुसरे, मार्च/एप्रिल 2024
विषय : मानसशास्त्र

कोर्स : Positive Thinking & Emotional Intelligence

दिनांक : 18 मार्च 2024

वेळ : 10.00 ते 11.00

एकूण गुण : 30

एकूण पृष्ठे : 2

सूचना : 1. सर्व प्रश्न आवश्यक

2. उजवीकडील अंक गुण दर्शवितात.

प्रश्न : 1 रिकाम्या जागी योग्य पर्याय निवडा.

(15)

1. गोल्स या जगप्रसिद्ध पुस्तकाचे लेखक.....हे आहेत.

अ. ब्रायन ट्रेसी ब. नॉर्मन पील क. वॉरन बफे ड. बिल गेट्स

2. गोल सेटिंग या विषयावर या विद्यापिठात अभ्यास करण्यात आला.

अ. केंब्रिज ब. ऑक्सफोर्ड क. हार्वर्ड ड. स्टॅनफोर्ड

3. सकारात्मक भावना या मेंदूच्या या गोलाधात जाणवतात असं संशोधन सांगतं.

अ. उजवा ब. डावा क. वरचा ड. खालचा

4. नकारात्मक भावनांचे केंद्र हे आहे.

अ. जठर ब. फुफुस क. सेप्टम ड. अॅमेग्डाला

5. कौतुक केल्यावर हे संप्रेरक तयार होते.

अ. सेरेटॉनिन ब. डोपामाईन क. प्रोलॅक्टिन ड. गाबा

6. एन्डॉर्फिन हे संप्रेरक यावेळी निर्माण होते.

अ. दुःख ब. रात्र क. आश्चर्य ड. हास्य



Rayat Shikshan Sanstha's

Rajarshi Chhatrapati Shahu College, Kolhapur

2023-2024



DEPARTMENT OF PSYCHOLOGY

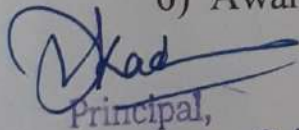
Value Added Course on Positive thinking and Emotional Intelligence were conducted under the Subject of Psychology for the various streams of students through higher education in society.

Positive thinking is very important factor in the student's life. In the academic year-2023-24 the course conducted between 01/02/2024 to 13/03/2024. There were 20 students of B.A.I enrolled for the course. The course syllabus was taken on time. The course certificates were distributed to the students after taking written test 30 marks and Oral Test 20 marks, A Total 50 Marks exam were conducted.



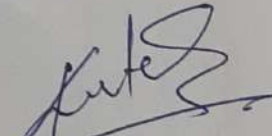
Course Outcomes -

- 1) Importance of Positive Thinking
- 2) Awareness of Goal Setting
- 3) Using Sensitivity to another Person's Feeling
- 4) Increase Self Confidence, Self Worth
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- 6) Awareness about Excessive Mobile Use


Principal,

Rajarshi Chh. Shahu College
Kolhapur




Dr. Vivek Kotekar

Course Coordinator



RAYAT SHIKSHAN SANSTHA'S
RAJARSHI CHHATRAPATI SHAHU COLLEGE,
KOLHAPUR

(NAAC REACCREDITED at 'A⁺⁺' Grade with CGPA of 3.78)

CERTIFICATE

This is to certify that, Miss Gavade Ajay Suresh, has successfully completed the Value Added Course in Positive Thinking and Emotinal Intelligence conducted by Dept. of Psychology Rajarshi Chhatrapati Shahu College, Kolhapur in the academic year 2023-2024

Dr. Vivek Kotekar
Course Coordinator



Dr. Kadam L.D
Principal