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## **11. To Study Aggression Level on Performance of Ball Badminton Players**

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### **Abstract**

The purposive sample method from the non-probability sampling method was used to select the sample for this study. From the total population, players from 40 district and state level Ball Badminton players those played various competition from Rajarshi Chhatrapati Shahu College Kolhapur, was selected as sample for the survey study. The Players with work injured will not include as sample. Ball badminton players of age group between 18 to 25 years were select as subjects. In this study used the psychological variable and questionnaires to collect measures for psychological variable of Sport Aggression. It was concluded that important in view of the aggression in Ball Badminton district and state level players of Rajarshi Chhatrapati Shahu College Kolhapur. Concluded that researcher evidence revealed the level of Aggression in Ball Badminton Boys players these psychological variables are vital in the field of sports coaching and performance.

**Key words:** Aggression, State and District Level Ball Badminton Players

### **Introduction**

The Game of Ball Badminton is wonderful sport are played usually outdoors during the day Ball Badminton is fast paced game demands & requires agility, eye-hand coordination, striking and quick movements and change of direction in quick reflexes of the racquet and yellow ball made by wool. Ball Badminton is requiring quick and good judgement movements to all directions to return the ball to the opponent's side of the court. It is therefore essential that everyone involved with the modern game ought to be familiar with the fitness requirements of the game and must know how 'Ball Badminton fitness' can be enhanced.

A psychological approach has helped to implement mental preparation training program to improve player's performance, guide players in psychological preparation for play, inform players strongly approach of the strategy & tactics used by themselves and their opponents,

provide insight into the technical performance of skills, understand the influence of equipment on play and recovery from racket arm injuries.

### **Sports and Aggression**

In sport, aggression is a characteristic that can have many negative as well as positive effects on performance. Most people view aggression as a negative psychological characteristic; however, some sport psychologists agree that aggression can improve performance (Widmeyer & Birch, 1984). This is called an assertive behavior (Bredemeier, 1994), where a player will play within the rules of the sport at a very high intensity, but will have no intention to harm an opponent. Coulomb and Pfister (1998) conducted a study looking at aggression in high-level sport. They found that experienced athletes used more instrumental aggression in which they used to their advantage and that hostile aggression was less frequently used. Experienced athletes used self-control to help them with their aggression.

### **Material and Method:**

#### **Selection of Population and Sample:**

**Population:** In this study district and state level male Ball Badminton players of Rajarshi Chhatrapati Shahu College Kolhapur, aged between 18-25 years are considered as the total population of the study.

**Sample:** The purposive sample method from the non-probability sampling method was used to select the sample for this study. From the total population, players from 40 district and state level Ball Badminton players those played various competition from Rajarshi Chhatrapati Shahu College Kolhapur, was selected as sample for the survey study. The Players with work injured will not include as sample. Ball badminton players of age group between 18 to 25 years were select as subjects.

### **Selection of variables**

The Psychological variables are as follows

In this study psychological variable were chosen. The table below displays the psychological variable and questionnaires used to collect measures for psychological variable:

### **2. Sport Aggression**

#### **Tools and Means**

Standard test of anxiety and aggression was administration to measure the item of each dimension for collection of data. Based on the Ball Badminton However, this equipment was thoroughly checked and their functional status was verified to ensure accuracy in data collection.

**1. Sport Aggression Inventory by Anand Kumar and Prem Shankar Shukla**

- Reliability of Inventory: the test-retest reliability co-efficient 0.85.
- Validity of Inventory: the test-retest reliability co-efficient 0.86.

**Collection of data**

To gauge the unmistakable variables to 40 subjects, the master dealt with the overview and different research. The specialist collected the data from the subjects during their rest period before their competition. Clearly the rationale behind the survey was referred to. The clarified the subjects about the request vocations and the significance of what question and how the questionnaire ought to be rounded out. Care was taken to see that the subjects reacted to the entire questions. The specialist collected the data from the subjects during their rest period before their competition. The finished off questionnaires from respondents were accumulated in the wake of checking every one of the things were responded and used the scoring key the supreme scores obtained by each subject.

**Result**

It was observed from the Aggression variable from table was shows that there was mean difference between the sample of subjects regarding to the psychological variables.

**Table no. 1**  
**Descriptive Statistical of the Aggression Variable for**  
**Ball Badminton Boys Players**

Stat	Ball Badminton Players	
Variable	Aggression	
Gender	District Level	State Level
Number	25	25
Mean	13.96	15.92
Std. Error of Mean	0.22	0.23
Median	14.00	14.00
Mode	14.00	14.00
Std. Deviation	1.13	1.15
Variance	1.29	1.32
Skewness	-0.101	-0.010
Std. Error of Skewness	0.464	0.464
Kurtosis	-0.515	-0.658
Std. Error of Kurtosis	0.902	0.902

## Discussion

Discussion of the results of aggression inventories consist which indicate the level of aggression, competition level wise selected Ball Badminton boys' players as:

It was observed from the findings that the to study the Aggression level on performance. In the result of study from table no. 1 shown that there was significant difference between the district and state level players of Ball Badminton boys players State level Ball badminton players.

This finding was supported by **Jaskaran Singh Sindhu, Karanjit Singh and Charanjit Singh (2011)** the purpose of the present study was to investigate and compare the anxiety and aggression level among the university level male and female athletes. A total 60 athletes (30 males and 30 females) were randomly selected from the various colleges affiliated to different universities of Punjab. Aggression was measured by using the AGG questionnaire constructed by Dr. G. L. Patil. Anxiety among the subjects was measured by using the sport competitions Anxiety test (SCAT) constructed by Rainer Martens (1990). The results revealed that the male athletes had significantly greater aggression ( $p<0.05$ ) as compared to the female athletes. The female athletes were found have significantly higher anxiety level ( $p<0.01$ ) when compared to male athletes. In conclusion, the male athletes were more aggressive whereas female athletes were more anxious.

## Conclusion

Within the scope of this study, the researcher concluded that Ball badminton player's aggression. This study impact on the field of Physical education & sports in field our nation. Sports player's part of various sports & games activities, express important role of Psychology sports players and coaches helps to characterized adjustment & managed the aggression for further contribute to better performance.

It was concluded that important in view of the aggression in Ball Badminton district and state level players of Rajarshi Chhatrapati Shahu College Kolhapur. Concluded that researcher evidence revealed the level of Aggression in Ball Badminton Boys players these psychological variables are vital in the field of sports coaching and performance. It is known from the review of related literature that status to level of Aggression sports players. It was concluded that study may help to developed efficient coaching plan for better performance consider the Aggression variables of the psychology.

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