



Rayat Shikshan Sanstha's
Rajarshi Chhatrapati Shahu College, Kolhapur
National Service Scheme, Department of Physical Education and
Sports (2025-26)

Report of Celebration of International Yoga Day

On the occasion of 12th International Yoga Day on 20th June 2026; National Service Scheme, Department of Physical Education and Sports jointly organized the Mass Yoga Event- Common Yoga Protocol on 20th June 2026. Yoga Teachers from Yog Vidya Dham, Kolhapur Hon. Mrs. Kalyani Tambe and Hon. Mrs. Monica Jadhav (Alumni of our college) were resource persons. The session starts with prayer. Mrs. Tambe elaborated participants the importance of and basics of yoga. Further she pre-yogasans movements followed by Yogasana and Pranayama session. Mrs. Monica Jadhav demonstrated the asanas and pranayama. At the end of the practical session Mrs. Desai conducted meditation session. Hon. I/C Principal Dr. D. R. Bhosale gave presidential speech. Dr. G. M. Lawangare, Dr. V. P. Nangare and Smt. S. R. Majagaonkar arranged the programme under guidance of Hon. I/c Principal. Students, teaching and non-teaching staff participated in this activity enthusiastically.

Outcomes

- Participants learnt yogic *Asanas* and *Pranayamas*.
- Participants are encouraged adopting and practicing yogic

Beneficiaries

112



Felicitation of Hon. Guest by Hon. Principal



Demonstration of Vrulkhasana



Participants performing Vrulkhasana



Participants performing Asanas

Head

Director of Physical Education

I/C PRINCIPAL

Department of Physical Education
Rajarshi Chhatrapati Shahu College, Kolhapur

R.C. Shahu College, Kolhapur

R.C. SHAHU COLLEGE
KOLHAPUR



Rayat Shikshan Sanstha's
Rajarshi Chhatrapati Shahu College, Kolhapur
National Service Scheme, Department of Physical Education and Sports
Organized

Common Yoga Protocol
On the occasion of 11th International Yoga Day (21st June, 2026)

Date: 20th June, 2026

Participants' Attendance

Srl.	Name	Sign.	Srl.	Name	Sign.
1)	Shruti Viraj Sutar	S.V.S	29)	Prathmesh Uttam Tadhar	P.V. Tadhar
2)	Tejasvi Arshvin Dhabale	Tadhabale	30)	Om. Dattatray Mane	om.D.M
3)	Ganesh Sambhajikumbhar	G.S.K	31)	pooja S. Nagtite	Nagtite
4)	AMAN shabbir KHATIK	AKKHATIK	32)	Siddhi R. more	S.R. more
5)	Vaishali pandurang Ghanekar	Ghanekar	33)	Afiya M. Gadkari	A.M.G.
6)	Trupti Abhijit Dupargut	T.A.D	34)	Pranav P. Hukkeri	PHUKKERI
7)	Misbah Rajimohammad Shaikh	Misbah	35)	Saniya chand Mujawar	Saniya
8)	Rachika T. Ichundaj	Rachika	36)	Anjali Vijay Patkar	Patkar
9)	Pratiksha Suresh more	P.S. more	37)	MUSKAN Tashab Shaikh	Muskan
10)	Muskan Navaj Pathan	Muskan	38)	Joya Firoj chaudhari	Joya
11)	Subam Nasir Mullani	Subam	39)	Farheen farooq Tojda	Farheen
12)	Nuzhat Salim Momin	Nuzhat	40)	swaleha Patharwat	swaleha
13)	Asama Raju Mahat	A.R. Mahat	41)	shrawani A. Katmire	shrawani
14)	Muskan Hanif Momin	Muskan	42)	Shloka P. Chougule	Shloka
15)	Saloni Parakash Sakate	Sakate	43)	Fatima. A. Sayyad	Fatima
16)	Paryal Dadasaheb Varave	P.D. Varave	44)	Sanmesh B. Kamble	Sanmesh
17)	Naina Limbaji Bhasale	Naina	45)	Naim N. Sonadi	Naim
18)	Shital Harinarayan Shaha	Shital	46)	Shubham S. Kamble	Shubham
19)	Vaibhav Bharat Bhasale	Vaibhav	47)	sankita D. Awghde	sankita
20)	Snehal Anil kunchikore	Snehal	48)	Shrawani R. Bodeke	Shrawani
21)	prasad Ananda kasture	prasad	49)	Pranali P. Amunekar	P.P.A.
22)	Supriya Deepak chougule	S.D.C	50)	Ramzan R. Shaikh	R.R.S.
23)	Neha May Bhandare	N.A.B	51)	Yatharth P. Patil	Yatharth
24)	Rushika Krishna Kallal	R.K.K	52)	Darshan Dhanawale	Darshan
25)	Nikhil Nasir Shaikh	Nikhil	53)	Ganesh S. Kamble	Ganesh
26)	Anjali Sanjay chougule	A.S.C	54)	vaijyanti V. Rarode	vaijyanti
27)	Bhushan Phanerajy Patil	Bhushan	55)	Samika T. Gaware	Samika
28)	Pranika B. Chilwant	Pranika	56)	Rupali N. Sadekar	Rupali



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Date: 20th June, 2026

Participants' Attendance

Srl.	Name	Sign.	Srl.	Name	Sign.
1	Prof. Dr. Desai M.B.		29	Kumbhar S.J.	
2	Smt. Charan L. B.		30	Koulage A.T.	
3	Smt. Thorat m. J.		31	रुक्मिणी चौधरी	
4	Smt. P.D. Pudale		32	विजय विनीत	
5	Sou. Patil Sneha S		33	दीप्ति कुमारी परितो	
6	Dr. A.S. Shaikh		34	शिंदे व. एम	
7	Mrs. D.A. Malvekar		35	श्रीमती ५४ जी	
8	Prof. Dr. M.A. Patil		36	Dr. K.V. Gaikwad	
9	Dr. T.S. Kurane		37	मिर्जा लल. लल.	
10	Dr. Aacharya R. Patil		38	Yadav - R.A	
11	Prof. Dr. Supriya Khole		39	Joya Shabbir Torgal	
12	Prof. B.S. Chikhalikar		40	Naushina. Taran. Samadban	
13	Dr. B.Y. Saymore		41	Basantang A. Shelaue	
14	Mr S.D. Shedge		42	Auramini U. Sankar	
15	Dr. U.S. Shelke		43	Aftab m. Gadkar	
16	D.M. Gaikwad		44	Sanika A. Kolapate	
17	Shinde. V. B		45	Vansha - A. Amduke	
18	Shri. P.B. Charan		46	Ranjana B. Baudane	
19	Dr. S.D. Shaikh		47	Nagesh Konake	
20	Shri. Yadav S.T.		48	Mymun Singh	
21	-1- Siteep S.N		49	Saroj Dilip Redekar	
22	-1- A.P. Patil		50	Swarali Nagoji Jadhav	
23	Dr. D.S. Kumbhar		51	Pavan. V. Gajane	
24	Dr. P.D. Parit		52	Poanav. P. More	
25	Dr. J.M. Palkar		53	Kuber. R. Lolage	
26	Dr. B.M. Magdum		54	chinmay M. Jambhale	
27	Dr. Nagare. Patil V. P		55	Amara B. Yedaje	
28	Mr. megedum U.D		56	Kikil. S. Bandane	



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National Service Scheme, Department of Physical Education

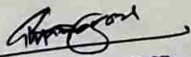
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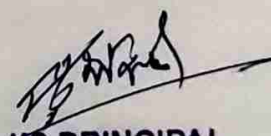
NOTICE

Date: 17/06/2026

On the occasion of International Yoga Day Common Yoga Protocol is organized as per the guidelines of the *Ayush Mantralaya* on 20th June, 2026 by National Service Scheme, Department of Physical Education and Sports. All the NSS volunteers, teaching and non-teaching staff are hereby informed that, they should remain present on College Basket Ball ground in the morning at 7.30 am for Common Yoga Protocol.

Note: Everyone should carry their own yoga mat.


Programme Officer
National Service Scheme
Rajarshi Chh. Shahu College, Kolhapur.


H/C PRINCIPAL
R.C. SHAHU COLLEGE
KOLHAPUR