



Rayat Shikshan Sanstha's

## Rajarshi Chhatrapati Shahu College, Kolhapur



### Department of Physical Education

#### ■ Report of Guest Lecture under Faculty Exchange Programme ■

Department of Physical Education, Bhogawati College, Kurukali organized an Expert lecture under Faculty Exchange Programme for B. A. Part-III students on 17<sup>th</sup> Feb., 2025. Dr. S. A. Kharade, Head, Department of Physical Education, Bhogawati Mahavidyalaya introduced and welcomed Dr. G. M. Lawangare. Dr. Lawangare delivered a lecture on the topic 'Yoga and Sports Performance'. He elaborated effect of yogic exercises on performance of different sports. Students interacted with resource person after the lecture. Mr. Akshay Chavan, Assi. Prof., Bhogawati Mahavidyalaya expressed vote of thanks.

#### Outcomes

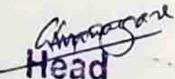
- Students involved in a class actively interacted with the faculty.
- Students gained opportunity to learn effect of yoga on sports performance.

No. of Beneficiaries

16

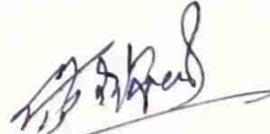


Dr. G. M. Lawangare delivering the lecture

  
Head

Department of Physical Education  
Rajarshi Chhatrapati Shahu College, Kolhapur.



  
Principal  
R.C. SHAHU COLLEGE  
KOLHAPUR

## **Bhogawati Mahavidyalaya, Kurukali**

## **Department of Physical Education**

## Organized a Guest Lecture under Faculty Exchange Programme

Date: 17/2/2025

### **Student's Attendance**

Sr. No.	Name of the Student	Sign.
1)	Aditya Bajirao Dinde	ABD
2)	Pranav Madhukar Hujare	Phujare
3)	Rohan Balvant Hujare	RBH
4)	Pratik Sandip Kamble	Pratik
5)	Satishil Dipak Kamble	Satishil
6)	Snehal Sagar Kamble	S.
7)	Rutvaj Satyendra Kamble	RSK
8)	Suzaj Dinkar Patil	Patil
9)	Prasad Subhash Nakawade	PSN
10)	Sourabh Sandip Waingade	SWS
11)	Sahil Rajendra Patil	SRP
12)	Pratikrao Mahadev Patil	Pratik
13)	Gaurav Suresh Patil	GSP
14)	Pranav Krushnast Powar	PKP
15)	Prachi Uttam Patade	PPatade
16)	Trupti Sadashiv Jangam	TSJ