



Rayat Shikshan Sanstha's

Rajarshi Chhatrapati Shahu College, Kolhapur

Department of Physical Education

Report of Guest Lecture under Faculty Exchange Programme

Department of Physical education organized an Expert lecture under Faculty Exchange Programme for B. A. Part-II students on 23rd March, 2024. Head of the department Dr. G. M. Lawangare welcomed and introduced resource person to the students. Dr. Sunil A. Kharade, Head, Dept. of Physical Education, Bhogawati Mahavidyalaya, Kurukali delivered a lecture on the topic 'Importance of Yoga in Human Life'. Dr. Kharade elaborated the need and importance of yogic practices in everyday life. Students interacted with Dr. Kharade after the lecture. Ms. S. R. Majagaonkar expressed the vote of thanks.

Outcomes

- Students got new perspective of yogic lifestyle.
- Provided an opportunity to learn about an explicit topic.
- Students involved in a class and actively interacted with the resource person.

No. of Beneficiaries
19



Dr. G. M. Lawangare introducing the Guest



Dr. S. A. Kharade delivering the lecture

G. M. Lawangare
Head

Department of Physical Education
Rajarshi Chhatrapati Shahu College, Kolhapur.



S. R. Majagaonkar

Principal,
Rajarshi Chh. Shahu College
Kolhapur.